

# Admissions Agreement

## **I understand I am expected to refrain from:**

- Use of all mood altering chemicals and energy drinks.
- Violent behavior or verbal attacks against my peers or staff members. Recovering Hope has a ZERO tolerance for physical and verbal violence.
- Stealing. Recovering Hope has a ZERO tolerance for stealing or any illegal activity will be grounds for immediate discharge.
- Sexual, romantic, or exclusive relationships with other clients of Recovering Hope.
- Gambling.
- Swearing and inappropriate language.
- X-rated movies.
- Getting any new tattoos or piercings while I am a resident of Recovering Hope.
- No hair dye of any kind.
- Use of any weight loss products.
- Use of electric cigarettes in the building.
- Wearing any clothing referencing drugs, alcohol, bars, casinos, or gangs.
- Wearing clothing that is too revealing. No spaghetti straps on tank tops and shorts must go to mid-thigh. Cleavage and stomachs should never be seen in any shirt that is worn.

## **I understand I am expected to:**

- Smoke only in the designated area outside.
- Attend and participate in scheduled activities and be on time.
- Complete assignments.
- Wear shoes any time I am not in my room.
- Follow the recommendations of all medical professionals regarding medication.
- Refrain from any phone calls or visitors during my first week.
- Use a calling card to make all long-distance calls.
- Refrain from using the phone during programming hours.
- Only make two phone calls per day and limit my time to 10 minutes per call.
- Only leave the grounds of Recovering Hope during my first 30 days to go to a court appointment, or if I have a medical or mental health need that cannot be handled by our onsite Nurse Practitioner or Psychiatric Nurse.

### **I understand:**

- Bringing any form of drugs or alcohol into this facility will result in immediate discharge.
- Any relapse within the duration of my treatment due to mental health stability, or otherwise noted will be referred to my mental health provider for any possible changes in medication. Case workers and probation officers will be notified and a therapeutic contract will be initiated.
- Upon a second relapse, a notice to vacate the premises will be issued. Case workers and probation officers will be notified to assist in finding a new placement. If I am unable to find appropriate placement I will be taken to a shelter.
- I will be asked for a urine drug screen, and alcohol breath test at admission and throughout my stay at Recovering Hope.
- If I refuse the urine drug screen or alcohol breath test at any time during my treatment, it will be considered a positive result. My treatment plan will then be reviewed with me and I could face discharge as a result.
- The results of my urine drug screen and alcohol breath test will be shared with members of my interdisciplinary team, including but not limited to: probation, parole, social workers and case managers.
- The refusal of any medication will be documented by the medical staff and communicated to the LADC. If I am having issues with the medication I am taking, I need to communicate with our medical staff.
- Any staff member of Recovering Hope may inspect my room and belongings at any time during my stay if they feel it is necessary.
- Clients are only allowed to keep their vehicles here on a case by case basis. Clients will be required to show proof of ownership, insurance and have a valid license to have a car here.
- Clients will not have access to their cars until they are at low intensity and will only be able to use it to job search, volunteer, and go to meetings.
- Cell phones will not be allowed by residents until they are in low intensity. When I am able to have a cell phone, it must be signed out in the morning and returned in the evening. I am not allowed to let another peer use my cell phone for any reason. If this rule is broken my cell phone privileges will be revoked.
- Shower/bath times are from 6:00-8:00 am and 8:00-10:00 pm every day. I must have all personal care done during this time. I will be given access to my hygiene bin that is locked in the office and will be able to use it during the designated time and then needs to be turned in at the end of shower/bath time.
- Flat irons and curling irons are not allowed until I am at Medium intensity and must be approved by my LADC first.

### **I understand (continued):**

- Medication times are by wing, I am required to find out the medication time for my assigned room and be at the medication room during the assigned time to receive my medication.
- All clients should be up and dressed and ready for programming by 8 am every day.
- All cigarettes will be locked up upon admittance. They will be given to the clients one pack at a time. Cigarettes must be turned in by 10:00 pm and will not be given back until 6:00 am. There is no smoking allowed after 10:00 pm.
- I am required to bathe at least every other day and change my clothes daily.
- Any knowledge of another client's chemical use **MUST** be reported immediately. Failure to do so can result in discipline and discharge from the program.
- I cannot be in any establishment where liquor is the primary sale.
- I will be assigned a daily therapeutic chore. Failure to complete chores can result in loss of free time and passes.
- Passes will not be issued until a client is at low intensity. They will start out as four hour passes and then increase to eight hours and then day passes. There will not be any overnight passes given during my stay at Recovering Hope.
- There will be no napping during the day without staff permission.
- I will not seclude myself in my room between the hours of 9:00 am-6:00 pm. I must remain in commons areas during that time.
- TV's are only allowed to be on from 6:00-9:00 pm every day.
- Visitation is Saturday and Sunday, and I am allowed two hours a day for visits. Times are assigned by wing. I am only allowed two adult visitors at a time but there is no limit to the number of children who can visit. Children must be accompanied by an adult.
- I am only allowed to carry up to \$20.00 on me at any given time. All other money must be locked up and recorded by a money tracking sheet. I must give at least two days notice if I wish to withdraw money from my account.
- Any drink that does not have a cover on it must stay in the cafeteria. If I wish to drink in any areas other than the cafeteria, I must have either a cup with a lid on it or a bottle with a cap on it.
- If I wish to bring my own snacks into the facility, they will be stored in a locked container and I will only have access to them during the designated snack time. I will be able to have one serving of the snack I choose at that time.
- When I am in low intensity and obtain employment, I am expected to turn in a copy of all paystubs.



**Referrals:**

- I agree to consider all referrals and recommendations made by my staff.

**Releases of information:**

- I understand I may be asked to give written consent for the release of information, which is pertinent to my treatment process.
- I understand I will be informed of the purpose and the relative benefits and/or disadvantages, if known, in giving written consent.
- I further understand treatment services are not contingent upon my decision regarding the signing of such consent, and any written consent is given freely and voluntarily.

**Mandatory reporting laws:**

- I understand the state laws for Minnesota mandate reporting by staff of this facility, child abuse, neglect and the vulnerability of anyone who resides in this facility.