

UNDERSTANDING Adverse Childhood Experiences

Building Self-Healing Communities

Wednesday, June 26, 2019

11 a.m. - 2 p.m.

at

Recovering Hope Treatment Center

2031 Rowland Road, Mora, MN 55051

FREE Community Workshop • CEU's Available • Lunch Included

The Understanding ACEs: Building Self-Healing Communities presentation provides information about the ACEs study, along with neurobiology that explain why ACEs impact people's lives and what we can all do to dramatically improve health and resilience for this and future generations.

The Adverse Childhood Experiences (ACE) Study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. We now know that leading causes of disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of Adverse Childhood Experiences (ACEs).

Registration Requested by contacting:

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The Strength to Change. The Spirit to Live.