

Learning Over Lunch

Awareness • Conversation • Development

Monthly community conversations presented by community experts on unique topics that are designed to develop awareness, create conversations, and further personal and professional development.

Recognizing a Seizure

October 20
11:00a - 1:00p

How to recognize and respond to seizures.

When a seizure is an emergency.

Possible seizure triggers and MORE!

Pride Institute

November 10
12:00p - 2:00p

Review LGBTQ+ terminology

Explore gender-expansive vs transgender and stages of transition

Recognize minority stress and the impact of this on the LGBTQ+ community

SAVE Training

December 8
11:00a - 1:00p

This training offers an overview of of suicide prevention in the veteran population, myths and misinformation and risk factors for suicide.

**Times for these first three sessions vary slightly. Please see the backside of this card for details.*