

## RESIDENTIAL ADMISSION INFORMATION

### WHAT TO EXPECT WHEN YOU ADMIT ?

- Please arrive on time and contact admissions if you are running late. If you are more than 30 minutes late, your admission may be cancelled
- When you arrive, please enter through the residential doors. An admission staff member will meet with you to complete an evaluation. This process takes approximately 10-15 minutes and ensures Recovering Hope's services can appropriately meet your needs!
- You may be recommended to be medically evaluated at our local hospital if you are under the influence or at risk for severe withdrawal symptoms.
- Once approved to admit, you will complete necessary paperwork, sign releases of information, and receive a tour of the facility!



### Packing Guidelines

#### Required Items

- Valid picture ID
- Copy of medical insurance card
- 30-day supply of all prescription medication – prescription medication must be in original bottles and not expired
- All over the counter medications, vitamins, etc. must be unopened and not expired
- Discharge paperwork if transferring from a hospital or detox facility



Accommodations for expectant mothers, women with a child onsite (up to age 5), and women working on reunification including cribs and toddler beds, onsite daycare, parenting groups, and more!



licensed 108 bed facility that provides gender specific care for women

### RESTRICTED ITEMS

- Weapons (CAMPUS) Weapons including guns, sling shots, bullets, shells, and any knives or blades, including pocket knives, torch lighters, etc.
- Alcohol, Drugs and medications (CAMPUS) Alcohol All alcohol-based products, with alcohol in the first three ingredients (Excluding shampoo, conditioner, and deodorant)
- All aerosol-based products, or inhalants.
- All Illegal drugs or mood-altering substances, including Kratom and CBD oil/tablets/wax.
- Electronic cigarettes, and non-disposable vapes
- No medications, unless approved by medical staff.
- No hammers, power tools, flammables such as oil/gasoline, or pools
- No sex toys (intimacy toys) - we value healthy sexuality; however, we do not have a place within our facility to wash these toys, and therefore it becomes a sanitation issue.
- Cough drops, topical creams, ointments, medicated powder, pain reliever patches, bleach, eye drops, vapor rubs, Epson salts unless approved by medical staff and must stay in med room.
- Electrical appliances such as space heaters, clothing irons, steamers, microwaves TVs and other small appliances. Portable DVD players are allowed.
- No electrical extensions, extra electrical sockets, or Extension cords. Outlet extensions with surge protectors and an on/off switch are allowed.
- No Candles, wax warmers, essential oils, burnable incense, bath bombs, bath salts, and bath paint.
- Hair Dye and self-tanner
- Door locks / kid locks
- No Fireworks of any kind



## VISITING HOURS



**Tuesday 5:30 pm - 8:00pm**  
**Saturday 1:00 pm - 3:00 pm**  
**Sunday 1:00 pm - 3:00 pm**

**Visiting Hours will be provided for most Holidays.**

**Visitors need to show valid picture identification to a Recovery Advocate prior to being allowed on the unit. Visitors are only allowed to smoke outside the building.**



## CONTACT INFO



### Address

2031 Rowland Rd Mora, MN 55051

### Phone Number

844-314-HOPE (4673)

### Fax Number

651-323-2558

### Hanna Vogel

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### Email Address

[Inquiries@recoveringhope.life](mailto:Inquiries@recoveringhope.life)

## MEET OUR STAFF



**Lisa Ammerman**

Admission Specialist



**Hanna Kulkay**

Admission Specialist



**Vanessa Neal**

Admission Coordinator



**Rachel Nelson**

Admission Coordinator



**Cathy Christian**

Receptionist



**Jodi Kays**

Receptionist