



COMMUNITY RESOURCES

Crisis

National Suicide Prevention Lifeline

Connection to a live person for support and resources

P: 9-8-8 or 1-800-273-8255

MN Crisis Text Line

Connection to a live person over text for support and resources

Text MN to 741741

Crisis Contact for Counties

Connection to a live person for support and resources for individuals in Kanabec, Pine, Isanti, Mille Lacs, Chisago counties

1-800-523-3333

[Find your county crisis line at https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp](https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp)

Warmlines MN

Telephone support that is safe and supportive.

Call 651-288-0400 or 877-404-3190

Text "Support" to 85511

Walk-In Counseling Center:

P: 612-870-0565

W: Or visit: walkin.org

- Free counseling that is free and anonymous
- Virtual or at 2421 Chicago Avenue Minneapolis, MN 55404

Crisis

Pregnancy & Postpartum Support Minnesota

Resources and support for perinatal mental health

P: 1-800-944-4773 (National Postpartum Support Helpline)

P: 1-833-852-6262 (National Maternal Mental Health Hotline)

E: helpline@ppsupportmn.org

Wellness In the Woods Peer Support Connection Warmline of Minnesota

Receive confidential and anonymous one on one peer support.

Available 5 PM- 9 AM

Call or text 844-739-6369

211 United Way

24/7 helpline that connects people to local housing, food, mental health, substance use and crisis resources across MN.

Call 2-1-1

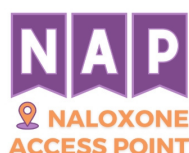
Medical Rides

Timber Trails Public Transit:

P: 320-364-1350

E: timber.trails@co.kanabec.mn.us

Contact your insurance company directly for additional information about medical transportation.



Domestic Violence

DayOne Crisis Hotline

Minnesota's statewide hotline for people experiencing violence

Crisis Line: 1-866-223-1111

Or text: 612-399-9995

National Domestic Violence Hotline

National hotline for people experiencing violence
800-799-7233

Esperanza United

Bilingual (Español) Domestic Violence Helpline
651-772-1611

National Deaf Domestic Violence Hotline

National hotline for individuals deaf or hard of hearing experience domestic violence
Videophone: 855-812-1001
E: Deafhelp@thehotline.org

OutFront Minnesota

LGBTQ+ Anti- Violence Crisis Line
800-800-0350

LovelsRespect.org

Teen Dating Violence Hotline
866-331-9474

StrongHearts Native Helpline

Native American Domestic Violence Helpline
844-762-8483

Recovering Hope Treatment Center

Address: 2031 Rowland Road
Mora, MN 55051

Phone Number: 844-314-HOPE (4673)

Fax Number: 651-323-2558

Website: www.recoveringhope.life

Email: inquiries@recoveringhope.life



COMMUNITY RESOURCES

Family Support

Allies in Recovery

Education and Resources for families

P: 413-387-9395

alliesinrecovery.net

Partnership to End Addiction

Education and Resources for substance use prevention
drugfree.org

SAMHSA

Education and Resources for families

<https://www.samhsa.gov/find-support/helping-someone>

Thrive Family Services

In Person and Virtual Support Groups and Family Peer Recovery Services

P: 612-424-0540

thrivefr.org

For the Love of Recovery

In Person and Virtual Support Groups for siblings
www.forloveofrecovery.com

NAMI

Parent Warmline, Support Groups and Education

651-645-2948

namimn.org

Al Anon Family Groups

In Person and Virtual Support groups for families

P: 888-4AL- ANON

(1-888-425-2666)

al-anon.org

Detox Centers

Gateway Recovery Center

P: 833-DETOX- 80

A: 6775 Cahill Ave E.

Inver Grover Heights MN 55076

A: 6840 78th Avenue N.

Brooklyn Park, MN 55445

AICDC Withdrawal Management

P: 612-879-3646

A: 1800 Chicago Avenue

Minneapolis MN 55404

Clay Country Detox

P: 218-299-5171

A: 715 11th St. N, Moorhead, MN 56560

Judy Retterath Withdrawal Management Center- Mission Detox

P: 763-559-1402

A: 3409 E Medicine Lake Blvd., Plymouth

MN 55441

Fairview Recovery Services

P: 1-800-824-1953

Go Through ER

A: 2450 Riverside Ave

Minneapolis MN 55454

RS EDEN Withdrawal Management Program

P: 612-338-0723

A: 1025 Portland Avenue S.

Minneapolis, MN 55404

Ramsey County Drug and Alcohol Detox Center

P: 651-266-4009

A: 402 University Ave. E

St. Paul MN 55130

Central MN Mental Health Center- St. Cloud Detox

Alcohol Only

P: 320-252-6654

A: 1321 13th St N

St. Cloud MN 56303

Center for Alcohol and Drug Treatment

P: 218-723.844

A: 1402 E Superior St, Duluth MN 55805

Alcohol Detox/ Range Treatment Center

P: 218-741-9120

A: 626 13h Street S.

Virginia, MN 55792

Abria Recovery

P: 952-406-8105

A: 14750 Lac Lavan Drive

Burnsville, MN 55306

Northland Recovery Center Detox

P: 218-327-1105

A: 1215 SE 7th Avenue

Grand Rapids, MN 55744

Woodland Centers Detox

P: 320-564-4911

A: 1125 6th Street SE

Wilmar, MN 56201

Housing/ Shelters

For immediate assistance- Call 2-1-1

Churches United for the Homeless

218- 656-7495

Moorhead, MN 56560

New Pathways

Cambridge, MN 55008

763-691-0121

Catholic Charities Adult Emergency Shelters

Intake for Shelter Connect through Hennepin County: 612-248-2350

Grace Shelter

Grand Rapids, MN 55744

218-326-2790

Stepping Stone Emergency Housing

Anoka, MN - 55303

(763) 323-7006

CHUM Center & Emergency Shelter

Duluth, MN 55802

(218) 726-0153

Village of Hope: Ours to Serve

House of Hospitality

Bemidji, MN 56601

218-751-0722

Welcome Inn/ Theresa House/

Union Street Place

Mankato, MN 56001

Bridges of Hope

P: 218-825-7682

Brainerd, MN 56401

A Place For You

Pine City, MN 55063

P: 320-438-7070

Lincoln Center

Saint Cloud, MN

P: 320-342-2232

Lakes and Pines

Mora, MN

P: 800-832-6082

Veterans Homeless Line

P: 877-4- AID -VET (877-424-3838)

Domestic Violence Shelters

Family Pathways

24hr Crisis Line: 800-338-7233

Pearl Crisis Center

P: 320-982-2901

Alexandra House

P: 763-780-2330

Women's Advocates

P: 651-227-9966



2031 Rowland Rd
Mora, MN 55051

Phone: 844-314- HOPE
(4673)

inquiries
@recoveringhope.life

www.recoveringhope.life

Follow Us...



RECOVERING HOPE TREATMENT CENTER IS A REGISTERED STEVE RUMMLER HOPE NETWORK NALOXONE ACCESS POINT IN MORA, MINNESOTA



Prevent Overdose. Save Lives.

Drug overdose is the leading cause of accidental death in the United States. As a Steve Rummeler Hope Network (SRHN) partner, we provide free, life-saving resources to the public, including:

- **Naloxone (Narcan)** – Opioid overdose reversal medication
- **Fentanyl Test Strips** – Detect harmful substances
- **Training & Education** – Learn how to respond to an overdose
- **Needle Exchange & Safe Use Supplies** – Confidential harm reduction services

Visit our clinic for free, confidential access to these critical resources for you or for someone you love.

Together, we can save lives.